

BAILEY FAMILY DENTAL AND BRACES

HELPING PEOPLE THROUGH DENTISTRY

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Retention (Retainers)

This is the most important part of orthodontics. Without proper retainers, straight teeth become crooked. Lower front teeth have up to 80 percent chance of moving back.

There are at least a dozen different types of retainers. Our most common protocol is:

1. We provide three upper invisible retainers for daytime use for one year.
2. We provide a traditional upper retainer for years of nighttime use.
3. We bond in a lower-bonded retainer behind the lower front teeth. This should stay in for years if possible. The only reason for removal is usually the patient not keeping that area clean enough.

If more daytime invisibles are needed, they are an additional charge of \$100 and are not covered by most insurances.

If a nighttime retainer needs replaced, it will cost \$300. Repairs range in cost from \$0 - \$300. Lower retainers are \$0 - \$100 for repair; \$100 for removal and \$300 for a replacement.

To reiterate, retainers need to be worn full-time for one year after treatment and nightly for as many years as possible. Replacement is an additional expense.

Please bring your retainer to every dental visit.

Retention is ideally a lifetime commitment for perfection.